

BARBARA KINGSOLVER

food writer

● ALL OVER THE COUNTRY, PEOPLE reading novelist Barbara Kingsolver's new memoir *Animal, Vegetable, Miracle* are heading back into the kitchen, planting a garden in their backyard, and considering (and reconsidering) how and what they consume. With help from her daughter Camille and her husband, Steven L. Hopp, Kingsolver tells the story of the year they vowed to eat locally—growing and raising nearly all their own food and purchasing the rest from nearby purveyors. Kingsolver and her family do it all, from coaxing turkeys to breed to canning home-grown tomatoes. In the process, readers get to share her joy in reconnecting with the land. *Animal, Vegetable, Miracle* is a call to arms and an inspired commentary on what Kingsolver describes as “a nation with an eating disorder.”



ARI WEINZWEIG & PAUL SAGINAW

lifetime achievement

● ZINGERMAN'S DELICATESSEN IN ANN ARBOR, MICHIGAN, HAS come a long way since its days as a tiny sandwich shop run by Weinzweig (above, left), Saginaw, and two employees. Twenty-five years later, Zingerman's has grown to eight businesses that sell an array of specialty foodstuffs, from artisanal olive oils and French cheeses to Key lime pie. Although Weinzweig and Saginaw have resisted offers to expand to other cities, the mail-order business serves as the specialty foods store to the country, providing Indian Tellicherry peppercorns to cooks in Bailey, Colorado, and Tuscan pastas to families in Chardon, Ohio. Weinzweig and Saginaw's innovative methods of sourcing—finding rare, high-quality food products throughout the world and bringing them home—have had an impact on pantries from coast to coast, deliciously. ■